

This is a hard time for many of us, but it's an especially difficult time for families and youth in care who are not able to visit with biological family members.

Camp To Belong-Wisconsin (CTB-WI) put together a list of resources for sibling visitation in this time of social distancing. The resources are mostly free, could also work for family visitation, and would be great for increased and easy connection for siblings even after this season has passed. Feel free to share with anyone you think could use this information.

Resources for Sibling Visitation

Digital Communication:

- -<u>Skype</u>: Videoconferencing and chat, "meet now" feature requires no login, can be used in a browser (no software download required), call recording available, parental controls available, various access points (phone, computer, tablet, xbox, Amazon Alexa), group access, free.
- -Zoom: Videoconferencing and chat, up to 100 participants, 40 minute time limit for free accounts, various access points (phone, computer, tablet), screensharing, call recording available, free with limits.
- -Google Hangout: Videoconferencing and chat, group access, parental controls available via Google Family Link, various access points (phone, computer, tablet), free.
- -Google Voice: Calling and texting, assigned your own personal phone number to use with calling and texting, can be connected with your phone or used in a browser, no internet connection required if using the phone feature in conjunction with a conventional mobile phone, free.
- -Marco Polo: Video messaging and chat, group access, personalization features, videos can be saved, free.
- -Messenger Kids: Videoconferencing and messaging, group access, easy parental controls, filters and sound effects, can be used on tablet or phone, free.
- -Other: WhatsApp, Facebook Messenger.

Fun ideas for digital connection:

Play games! Games such as Apples to Apples, charades, Pictionary, hangman, crosswords, 20 questions and many more can easily be adapted to play digitally together over video chat.

Use screen sharing! One user can use the screenshare platform on Zoom or other video conferencing services to access the myriad of experiences that are now being offered online for free. Museums, destinations, buildings, performances, classes and more can now be accessed together as a method of connection and shared experience. Google Arts & Culture is a great resource for tours and classes of all kinds. Bonus: this is a great learning opportunity!

Point to Point Communication:

- -Email: send photos, videos and messages through free providers like Google, Hotmail, Outlook, Yahoo.
- -Snail mail: the ultimate throwback! Everyone loves to receive mail. Does require address exchange, which is worth considering if privacy is a concern. Bonus: learning opportunity for addressing and mailing a letter. According to the WHO, contamination risk of COVID-19 to postal mail is low.

Fun and Games:

- <u>-Caribu</u>: video conferencing integrated with drawing, games, and children's books to allow for age appropriate digital connection. This service is free and unlimited for 60 days and is great for young children. Can be accessed via phone or tablet.
- -Netflix Party: allows users to watch a movie together and chat at the same time.

 Requires all parties to have access to a Netflix subscription. Must be used via computer.
- -<u>House Party</u>: video chat alongside group games, various access points (app on mobile or table, browser), games like Pictionary and "Heads Up!" can be played together, account required, free.
- -Virtual game platforms: Pogo, Words With Friends, Draw Something, Trivia Crack, Apple's Gamepigeon (can be downloaded on Apple phones and tablets), Scattergories, Let's Play Uno, and many more are free and available via app on many technology platforms. As long as both users have the app they can play together. This is a low-maintenance way to connect and play together. There are other ways to play together using Xbox Live, Nintendo, JackBox and others if all parties have the devices or pay for the subscription already.