

# **Locating Support Services**

All of us at some point in our lives find ourselves in the position of needing support and resources from others. When this occurs, it is important to know where to turn for assistance and support.

Whether you are already aware of the many services that may be available to you and your family, it is always helpful to know what's out there just in case you or someone you know may be in need of support resources. Luckily for all of us, there are several great programs that are designed to assist families and individuals.

#### How to Apply for Services Through Access

For many programs available through the State of Wisconsin, there is a helpful website called Access; which is available in English and Español. Once you have entered your information into Access-either through the website or by talking to a customer service specialist on the phone-it will let you know which programs you are eligible for and how to receive

searching on the Internet or if you have any additional questions, contact your local county for further assistance. http://www.access.wisconsin.gov/

A listing of some programs that may be helpful for you are:

- Wisconsin Shares-Child Care Subsidy Program
- Birth to Three
- Wisconsin Home Energy Assistance Program (WHEAP)
- Early Childhood Special Education Services
- Cooperative Educational Service Agency (CESA)
- Community Action Programs (WISCAP)

### **Common Local Community Programs**

Whether it is someone ringing a bell at a local business during the holiday season, or an agency providing a homeless shelter, local community and nonprofit organizations

Continued on page 2

assistance.

In addition, vour information is forwarded to your county so that you can receive followup assistance and schedule an appointment with a worker. If you do not feel comfortable

Wisconsin serving you				Report Fraud	Search
				Welcome > November 2, 2018	2:29 PM
Providers				Members	
Register for E-mail Subscription	Welcome to the ForwardHealth Portal			Member Information	
<ul> <li>Provider-specific Resources</li> </ul>				Find a Provider	
Become a Provider	Attention: ForwardHealth Portal supports the following browsers: Internet Explorer, Firefox and Safari.			Member Contacts	
Online Handbooks	The ForwardHealth Portal serves as the interface to ForwardHealth interChange, the new Medicaid Management			New Medicare Cards Are Coming	
Fee Schedules		as the interface to ForwardHealth interChange, of Wisconsin. Through this portal, providers, m			
Trainings		an electronically and securely submit, manage,		Partners	
Wisconsin Administrative Code	members under their care. This Portal also provides users with access to the current health care information			Partners     Find a Provider	
ForwardHealth Enrollment Data	available.			Related Programs and Services	
ForwardHealth System Generated Claim • Adjustments				Kelated Programs and Services     Express Enrollment for Children	
Health Care Enrollment				Express Enrollment for Children     Express Enrollment Change Request	
Provider Revalidation				Waiver Agencies	
Enrollment Tracking Search	88		U.S.	Waiver Agencies	
Bed Assessment e-Payment	STER	ARK .	Set 2		
Medication Therapy Management Case		C. ERB	(10002)	Trading Partners	
Management Software	Providers	Managed Care Organization	Partners	Trading Partner Profile	
				• PES	
	2		1	Companion Guides	
Managed Care	E TER	R	TEER	Medication Therapy Management Case Management	
Related Programs and Services	6111		( a s	Software Approval Process	
<ul> <li>ForwardHealth Enrollment Data</li> </ul>	Trading Partners	Manufacturer Drug Rebate	Members		
Health Care Enrollment					
	Hot Topics				
Manufacturer Drug Rebate					
CMS Medicaid Drug Rebate Program	BusinessObjects Upgrade to 4.2.5 Training				
Pharmacy Information		Opioid Treatment Program Provider			

Forward Health is a comprehensive website featuring many resources

COALITION

6737 W. Washington St., Suite 2353 West Allis, WI 53214 800-762-8063 info@coalitionforcyf.org

© 2010; updated 2018

In partnership with:



provide a tremendous amount of support, services, and resources for people in need.

Some of the most common resources you will find in your telephone book or by searching the web and include:

- Salvation Army
- Goodwill Industries
- Headstart
- Unemployment Services
- The American Red Cross
- The United Way's 211 Service

## **Reaching Out**

Sometimes life throws you an unexpected curve ball, or maybe you just never had the opportunity to save for a rainy day. Know that it is okay to ask for and receive help. A lot of people know that already, but then find it's another thing to actually *ask* for help. Remind yourself that what we truly need are people in our lives who we love unconditionally and who love us back

Why does that occur? Just by admitting that we may need help can mean a lot of things to a lot of different people. For some it means a sense of failure and loss of pride, while for others there are feelings of fear, guilt and shame.

So what is the best way to work through those feelings and emotions? For some, they are able to write down why they are uncomfortable asking for assistance. Others are able to reach out to a good friend or family member and talk about their options and opportunities.

Regardless of how you are able to work through those feelings, once you do, you often realize how your decision can positively impact you and your loved ones lives.

## Lifting the Weight off Your Shoulders

Once you have learned about the various programs and organizations and made your decision about which service or services best meet your needs, it may feel as if a weight has been lifted off of your shoulders.

Through this experience you probably have begun to change your viewpoint and look at things differently. Some people learn to focus on what they *do* have versus what they don't, especially when finances are tight or life circumstances have taken an unexpected turn.

Perhaps you will remind yourself that what we truly need are people in our lives who we love unconditionally and who love us back in the same manner. This is most likely the reason

that you became a relative caregiver or foster parent in the first place.

The next time you have a minute to yourself, take some time to create an inventory about the people and things that matter the most to you. Reaching out to others in need has been your calling and there are

times in which you may also need to reach out to others for support.



ion about wh

COALITION

6737 W. Washington St., Suite 2353 West Allis, WI 53214 800-762-8063 info@coalitionforcyf.org

© 2010; Updated 2018

In partnership with:



