

# Therapist List – Northern and Western Wisconsin

(Last updated: May 2023)

The following therapists have been recommended to us by parents and others and work with foster care and adoption issues. We do not endorse any particular therapist.

Please send corrections or additions to this list to [info@wifamilyconnectionscenter.org](mailto:info@wifamilyconnectionscenter.org)

## **Anchor Bay Counseling** (Spooner & Ladysmith)

W7164 Green Valley Rd. Suite2  
Spooner, WI  
715-939-1393

804 W 9<sup>th</sup> St. North, Suite B  
Ladysmith, WI  
715-609-1777

Web: [www.anchorbaycounseling.com](http://www.anchorbaycounseling.com)

**Services Provided:** Individual, marriage counseling

**Specialties:** Depression & anxiety, Adolescent behavioral issues

**Ages Served:** Teens, expectant parents

**Insurance:** Medicaid, Medicare, Private Insurance

### **Appointments Available:**

Mon-Thu 8 am-5 pm

Fri 8 am-12 pm

Evenings on a limited basis

## **August Integrative Therapy**

**Jamie Sanders, APSW, LGSW**

50 W 2<sup>nd</sup> St.  
Winona, MN 55987

507-313-4103

Web: <http://augustintegrativetherapy.com/>

Email: [sanders.jamie2@gmail.com](mailto:sanders.jamie2@gmail.com)

**Services Provided:** Individual, couples/marriage & family counseling, Teen therapy

**Specialties:** Stress, Trauma, Grief, Depression & anxiety, childhood abuse,

**Ages Served:** 3 & up

**Insurance:** Private pay, sliding scale (call for details)

**Appointments Available:** Mon-Fri 8 am-5 pm

## **Beacon Mental Health**

(Multiple providers)

1421 N Broadway, Suite 114b  
Menomonie, WI 54751

Text or Call 715-619-67367

Web: [www.beaconmentalhealthresources.com](http://www.beaconmentalhealthresources.com)

Email: [support@beaconmhr.com](mailto:support@beaconmhr.com)

**Services Provided:** Child, individual, couples & family counseling

**Specialties:** EMDR, Sex therapy, Christian counseling, LGBTQIA+, Autism, military & more

**Ages Served:** 3 & up

**Insurance:** Medicaid, Private Insurance, Fee schedule

**Appointments Available:** Call for availability

## **Behavioral Health Clinic**

(Multiple Providers)

3600 Stewart Ave. Suite B  
Wausau, WI

2417 Post Rd.

Stevens Point, WI

715-842-9500

Web: <https://wibehavioralhealth.com>

Email: [appointments@bhcvausau.com](mailto:appointments@bhcvausau.com)

**Services Provided:** Individual & group therapy, LGBTQIA+ Affirming therapy, Neurodiverse counseling, School-based Mental Health, Assessments

**Specialties:** Parenting skills, Attachment, RAD, Challenging behaviors

**Ages Served:** 3 & up

**Insurance:** Call for Medicaid, Badgercare, Forward, Private Insurance, private pay

**Appointments Available:** Mon-Fri 8 am-5 pm

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## Brave Spaces Counseling & Wellness

(Multiple Providers)

605 4<sup>th</sup> St. S

La Crosse, WI

608-615-1023

Web: <https://www.brave-spaces.org/>

**Services Provided:** Individual, couples/marriage & family counseling, Teen therapy

**Specialties:** Stress, Trauma, Grief, Depression & anxiety, childhood abuse

**Ages Served:** 3 & up

**Insurance:** Private pay, sliding scale (call for details)

**Appointments Available:** Mon-Fri 8 am-5 pm

## The Centre for Well Being Inc.

(Wausau, Merrill & Weston)

901 N 6<sup>th</sup> St.

Wausau, WI

4601 Camp Phillips Rd.

Weston, WI

715-848-5022

Web: <https://www.centreforwellbeing.net/>

**Services Provided:** Individual, couples & family counseling

**Specialties:** Cognitive behavior therapy, Rational emotive behavior therapy, Motivational interviewing, DBT, Radically open DBT, EMDR therapy, TBRI, Trauma therapy

**Ages Served:** 6 & up, adult adoptee

**Insurance:** Medicaid, Private insurance

**Appointments Available:**

Mon-Sun 8 am-8 pm

Night and weekend appointments available (call for details)

## Children's Wisconsin

(Multiple Providers)

2004 Highland Ave., Suite M

Eau Claire, WI

715-835-5915

Web: <https://childrenswi.org/location-directory/locations/specialty-clinics/eau-claire-clinic>

**Services Provided:** Individual & family therapy,

**Specialties:** Social, emotional and/or behavioral concerns, Trauma-informed

**Ages Served:** 3 & up

**Insurance:** Medicaid, Private Insurance

**Appointments Available:** Mon-Fri 8 am-5 pm

## Clinic for Christian Counseling

(Multiple Providers)

3410 Oakwood Mall Dr., Suite 700

Eau Claire, WI

715-832-1678

Web: <https://cccwi.org/>

**Services Provided:** Child, teen adult and family counseling, Bible based perspective Brainspotting, Experiential Play Therapy, Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, EMDR

**Specialties:** ADHD, Grief & loss, Situational stress, Abuse, Marital conflict, Parenting issues, Blended family issues, problems at school, peer conflict

**Ages Served:** 3 & up, Adult adoptees

**Insurance:** Medicaid, Private Insurance

**Appointments Available:**

Mon-Thu 8 am-5 pm

Fri 8 am-12 pm

Evening hours available by appointment

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## Ellie Mental Health

111 Riverfront St., Suite 103

Winona, MN 55987

507-479-3079

Web: <https://elliementalhealth.com/>

**Services Provided:** Individual, couples & family therapy, CTSS, In-home therapy, Medication management, Play therapy, Trauma-informed, EMDR

**Specialties:** Adoption Support, Depression & anxiety, PTSD, OCD, Bipolar disorder, Eating disorders, Psychosis, Borderline Personality Disorder, Narcissistic Personality Disorder, Dissociative disorders, ADHD, ODD, Conduct disorder, Phobia, Self-harm and more

**Ages Served:** 6 & up, Adult adoptees

**Insurance:** Private insurance

**Appointments Available:**

Mon-Fri 8:30 am-8:30 pm

## Family & Children's Center

1707 Main St.

La Crosse, WI

608-668-2254

Web: <https://www.fcconline.org/>

**Services Provided:** Individual, couples/marriage & family counseling, Teen therapy

**Specialties:** Stress, Trauma, Grief, Depression & anxiety, childhood abuse

**Ages Served:** 3 & up

**Insurance:** Private pay, sliding scale (call for details)

**Appointments Available:** Mon-Fri 8 am-5 pm

## Ho-Chunk Nation

430 Julie St. Suite 2

Omaha, WI

608-372-5202

**Services Provided:** Individual, couples/marriage & family counseling, Teen therapy

**Specialties:** Stress, Trauma, Grief, Depression & anxiety, childhood abuse

**Ages Served:** 3 & up

**Insurance:** Private pay, sliding scale (call for details)

**Appointments Available:** Mon-Fri 8 am-5 pm

## Peace of Mind Counseling

115 5<sup>th</sup> Ave., #501

La Crosse, WI

Web: <https://pomcounselingllc.com>

**Services Provided:** Individual, couples/marriage & family counseling, Teen therapy

**Specialties:** Stress, Trauma, Grief, Depression & anxiety, childhood abuse

**Ages Served:** 3 & up

**Insurance:** Private pay, sliding scale (call for details)

**Appointments Available:** Mon-Fri 8 am-5 pm

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## Hope Road Wellness Center, LLC

107 Hope Road West

Frederic, WI

715-869-6484

Web: [www.hoperoadwellness.com](http://www.hoperoadwellness.com)

Email: [kristhompson@hoperoadwellness.com](mailto:kristhompson@hoperoadwellness.com)

**Services Provided:** Child, adolescent, individual & family therapy

**Specialties:** Trauma-focused Cognitive Behavior Therapy, Grief/loss, trauma, Depression & anxiety

**Ages Served:** 3 & up

**Insurance:** Medicaid, Private Insurance

**Appointments Available:** Flexible & by appointment only

## Marshfield Clinic Plover Counseling Center

2450 Vineyard Dr.

Plover, WI

715-342-0290

Web:

<https://www.marshfieldclinic.org/Locations/Centers/PloverCounselingCenter>

**Services Provided:** Individual & family counseling, treatment

**Specialties:** ADHD/ADD, Depression & Anxiety, Relationship counseling, Family counseling, Parenting support, Grief, Stress management, Trauma & abuse recovery, Bi-polar disorder, Gender dysphoria

**Ages Served:** Teens, Adult adoptees, Adoptive/foster parents

**Insurance:** Medicaid, Private insurance

**Appointments Available:** Mon-Fri 8 am-5 pm

## The Music Therapist Company LLC

3740 Spooner Ave., Suite C

Altona, WI

715-271-5936

Web: <https://www.musictherapist.co/>

Email: [sheila@musictherapist.co](mailto:sheila@musictherapist.co)

**Services Provided:** Individual & family therapy

**Specialties:** Social, emotional and/or behavioral concerns, Trauma-informed

**Ages Served:** 3 & up

**Insurance:** Medicaid, Private Insurance

**Appointments Available:** Mon-Fri 8 am-5 pm

## Nature's Edge Therapy Center

2523 14 ¾ Ave.

Rice Lake, WI

715-859-6670

Web: [www.naturesedgetherapycenter.org](http://www.naturesedgetherapycenter.org)

Email: [naturesedge@citizens-tel.net](mailto:naturesedge@citizens-tel.net)

**Services Provided:** Outpatient therapy (speech, occupational & physical therapy utilizing animal assistants, hippotherapy, horticulture) Intensive, inpatient therapy

**Specialties:** Autism, Brain Injury, Cerebral Palsy

**Ages Served:** 3 & up

**Insurance:** Private Insurance, Private Pay

**Appointments Available:** Please call

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## Northlakes Community Clinic

15954 Rivers Edge Dr.

Hayward, WI

715-634-2541

Web: <https://nlccwi.org/>

**Services Provided:** Behavioral health, Pediatric therapies, Prescription services, Psychiatric Medication Management, Recovery, Occupational therapy, Pediatric speech therapy

**Specialties:** Trauma, Anxiety & depression, Eating disorders, OCD, Grief & Loss, Parenting & family issues

**Ages Served:** 3 & up

**Insurance:** Medicaid, Badgercare, Private Insurance, sliding fee scale

**Appointments Available:** Mon 7 am-5 pm

Tue & Wed 7 am-6 pm

Thu & Fri 7 am-5 pm

## Peak Behavioral Health LLC

(Multiple Providers)

2864 Middle St. Suite 100

Little Canada, MN 55117

651-493-2055

Web: <https://peakbehavioralhealthmn.com>

**Services Provided:** Children, teen, couples & family therapy, Medication management

**Specialties:** Anxiety & depression, bullying, life changes, anger outbursts, self-harm, low self-esteem

**Ages Served:** 6 & up

**Insurance:** Medicaid, Private Insurance

**Appointments Available:**

Mon-Fri 8 am-9 pm

Sat 8 am-5 pm

## Scenic Bluffs Community Health

238 Front St.

Cashton, WI

608-654-5100

**Services Provided:** Individual, couples/marriage & family counseling, Teen therapy

**Specialties:** Stress, Trauma, Grief, Depression & anxiety, childhood abuse

**Ages Served:** 3 & up

**Insurance:** Private pay, sliding scale (call for details)

**Appointments Available:** Mon-Fri 8 am-5 pm

## Stein Counseling and Consulting Services, Ltd.

(Multiple providers)

571 Braund St.

Onalaska, WI

608-785-7000 Ext. 2003

Web: <https://effectivebehavior.com/>

**Services Provided:** Individual, couples/marriage & family counseling, Christian counseling, Custody & placement, Neurosequential Model of Therapeutics (NMT), Play therapy, Trauma focused Cognitive Behavioral therapy

**Specialties:** Anxiety & depression, fear, Trauma, grief, ADD, Behavior issues, Attachment related insecurities, Bullying, Self-esteem

**Ages Served:** 3 & up

**Insurance:** Medicaid, Private insurance

**Appointments Available:**

Mon-Thu 8 am-6 pm

Fri 8 am-2 pm

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## Stonehouse Counseling

(Multiple providers)

414 S East Ave.

Viroqua, WI

608-638-3332

Web: <https://www.stonehousecares.com/>

Email: [info@stonehousecares.com](mailto:info@stonehousecares.com)

**Services Provided:** Individual, children, couples/marriage & family counseling

**Specialties:** Stress reduction, Cognitive-behavioral therapy, Internal Family Systems, EMDR, Child Parent Psychotherapy, Theraplay

**Ages Served:** 3 & up

**Insurance:** Medicaid, Private insurance

**Appointments Available:** Mon-Fri 8 am-5 pm

## Therapy Redeemed LLC

Cameron Lee Small, MS

Bloomington, MN

952-333-4688

Web: <https://therapyredeemed.wordpress.com/>

Email: [therapyredeemed@gmail.com](mailto:therapyredeemed@gmail.com)

**Services Provided:** Online individual, family & group therapy, Group tele-health options, Individualized adoption support

**Specialties:** Parent guidance, trauma & recovery, depression & anxiety, Biblical counseling, non-violent crisis intervention

**Ages Served:** Teens, Adult adoptees, Adoptive/foster parents

**Insurance:** Private Pay

## Wholehearted Herd Counseling LLC

242031 County Rd. Y

Aniwa, WI

715-200-3838

Web:

<http://www.wholeheartedherdcounseling.com/>

Email: [contact@wholeheartedherdcounseling.com](mailto:contact@wholeheartedherdcounseling.com)

**Services Provided:** Trauma-Focused Equine Assisted Therapy

**Specialties:** Trauma, Regulation, Family Attachment, EMDR

**Ages Served:** 6 & up, Adoptive/foster families

**Insurance:** Private pay

**Appointments Available:** Call for availability